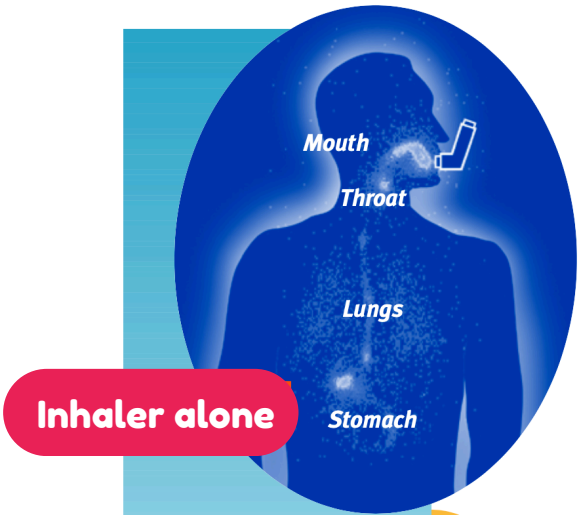
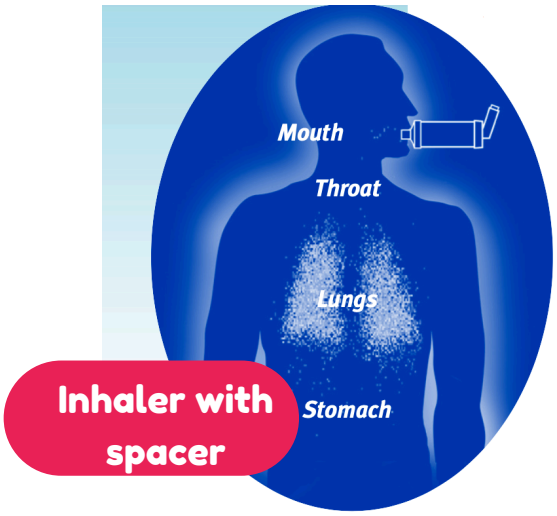
Why Should I Use A Spacer with My Inhaler



When an inhaler is used alone, medicine ends up in the mouth, throat, stomach, and lungs.



When an inhaler is used with a spacer, more medicine is delivered to the lungs, where it works.

Get a prescription for a spacer from your provider.

01

Using a spacer means that you will get more of the medicine in your lungs where it's needed. Missouri medicaid plans cover a spacer from the pharmacy. The pharmacist can call your insurance for more information.

Learn how to use your inhaler with your spacer

02

Ask your provider or pharmacist to show you how to use your spacer with your inhaler. Your child's school nurse can also assist how to use a spacer.

Use your spacer every time you use your inhalers!

03

Keep your rescue inhaler and spacer with you at all times! Use the spacer with your controller inhaler if it is compatible with a spacer.