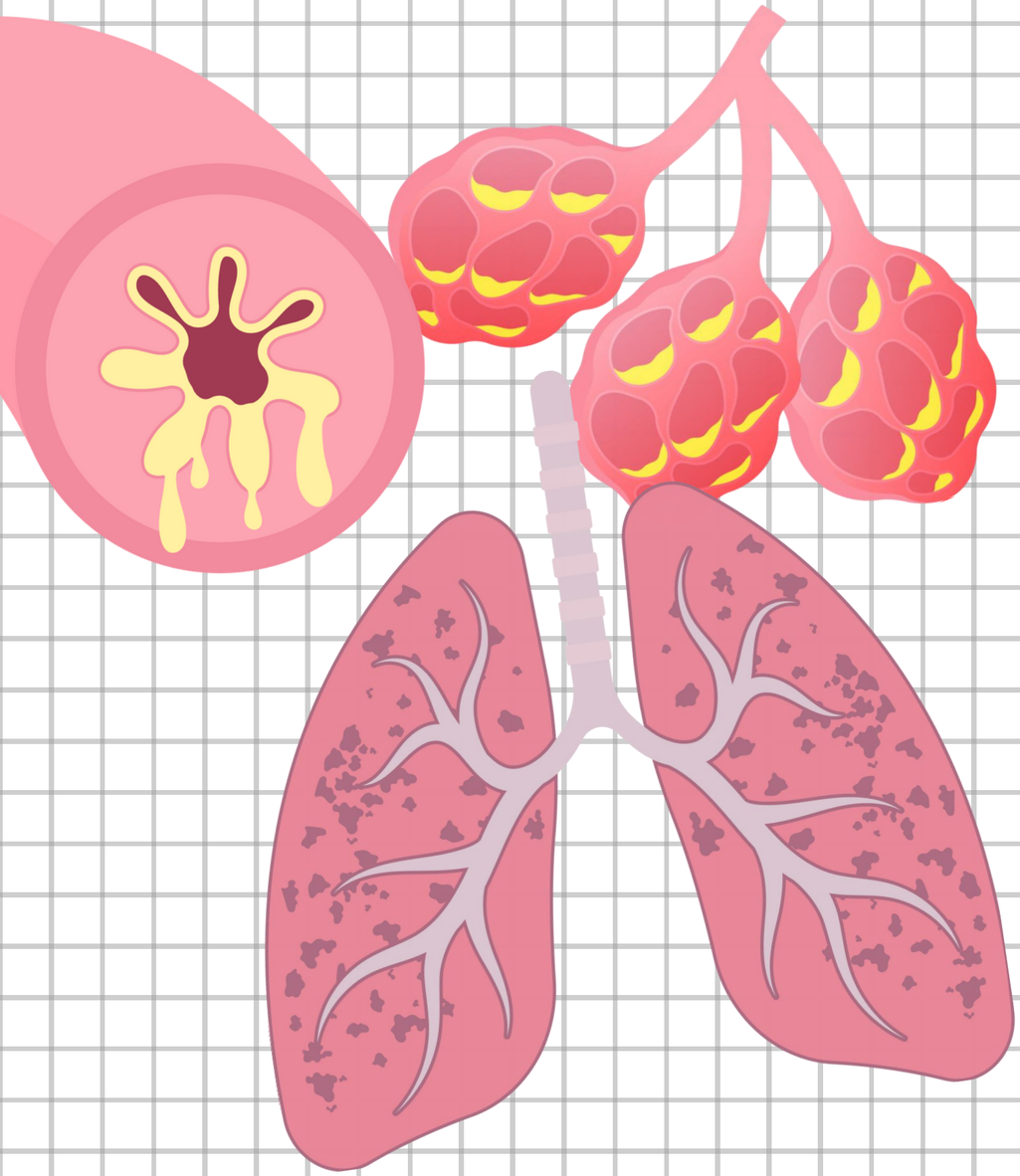


TAKING CARE OF THE CHILD IN THE SCHOOL HEALTH OFFICE

SNAC-S
Jan 29, 2025

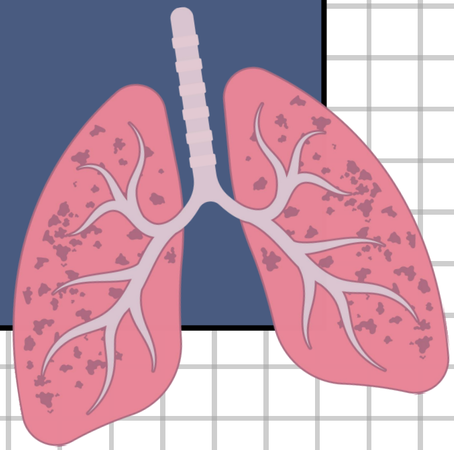
Angie Anderson, RN, BSN, NCSN
Deb Cook, RN, AE-C

TODAY'S DISCUSSION

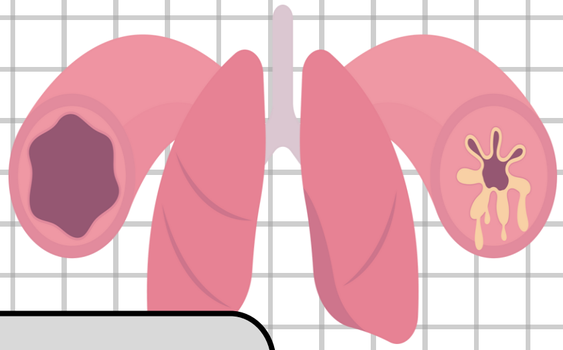
1. Your school, your community, your resources
2. When to call 911? Transitioning to emergency care
3. Assessment, tx, notifications, ongoing monitoring and assessment
4. Gathering information,
5. Transitioning back to class, follow up tasks

Case Scenario – Tyler (9 yr old)

1. Student presents to the health office with complaints of difficulty breathing stating he needs his inhaler
2. You begin to assess the student as they walk in the door.
3. What are you looking for?
4. The child does have an Albuterol inhaler with a spacer in your office, so you are either hurriedly getting the medication or directing someone to get the medication. If no student med – does your district have stock albuterol?
5. What is first?
6. What are the RED flags to call 911?
7. What needs to happen when calling 911 for a student?



WHAT ARE WE LOOKING FOR:



Appearance

Struggling to breath
Raising shoulder with inspiration
Can’t talk in full sentences
Retractions around the neck
Skin color (including lip)
Anxious
Audible wheezing

Assessment

licensed nurse

Lung Sounds
Capillary refill
Heart/Respiratory rate

CALLING 911

Delegation

Person to call 911
Notify parent/guardian
Person to watch for EMS
Copy of student info
Notify building administration

Ongoing Care

Continually monitor
Follow AAP if available Administer additional albuterol if ordered
Assist the student to slow breathing/relax
Reassess, reassess, reassess
Has Tyler been in the health office previously this day?

Gather Information

What was Tyler doing when it began?
When was the last time Tyler used an inhaler for relief?
Any problems the past few days? Coughing? Sleeping?
What are his triggers?
How long was he having trouble this episode?
Does he self carry?

TYLER IS IMPROVING.
NO DISTRESS.
NO AMBULANCE NEEDED

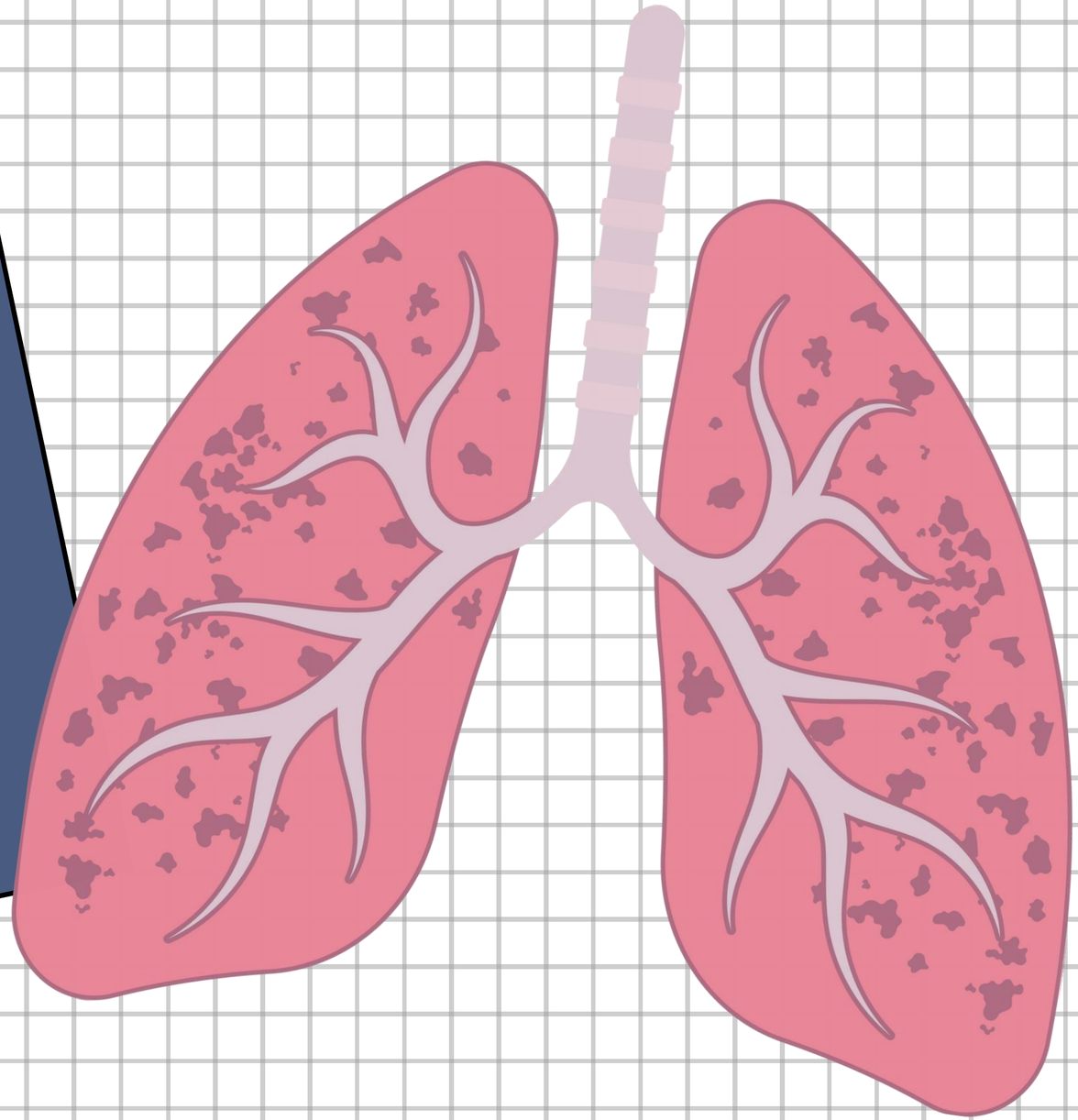
Transitioning Back to Class

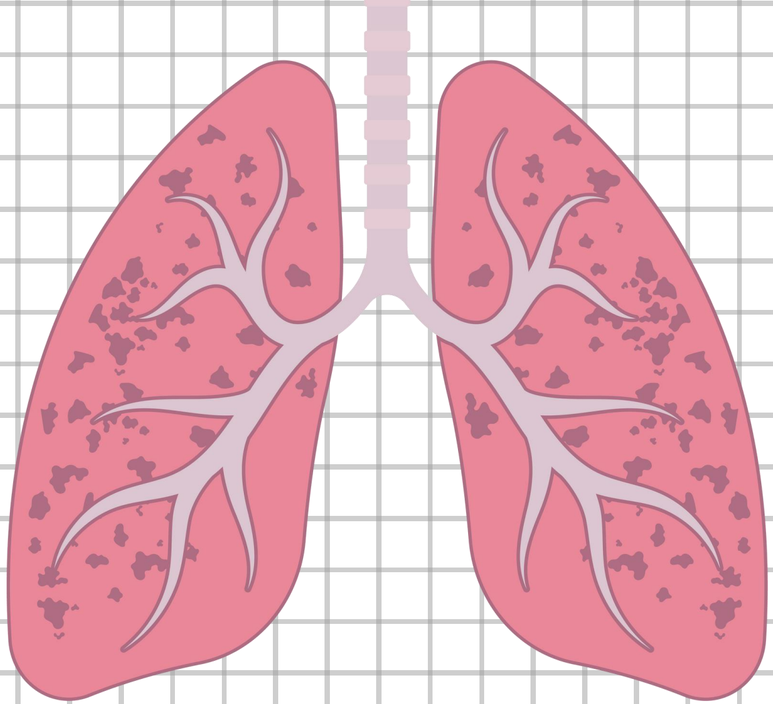
*Teacher/classroom staff need to know the child will need to be monitored? Substitute teacher?
*What activity does the child have the remainder of the day? PE, Recess, Field Trip?
*What information does the AAP have for care?

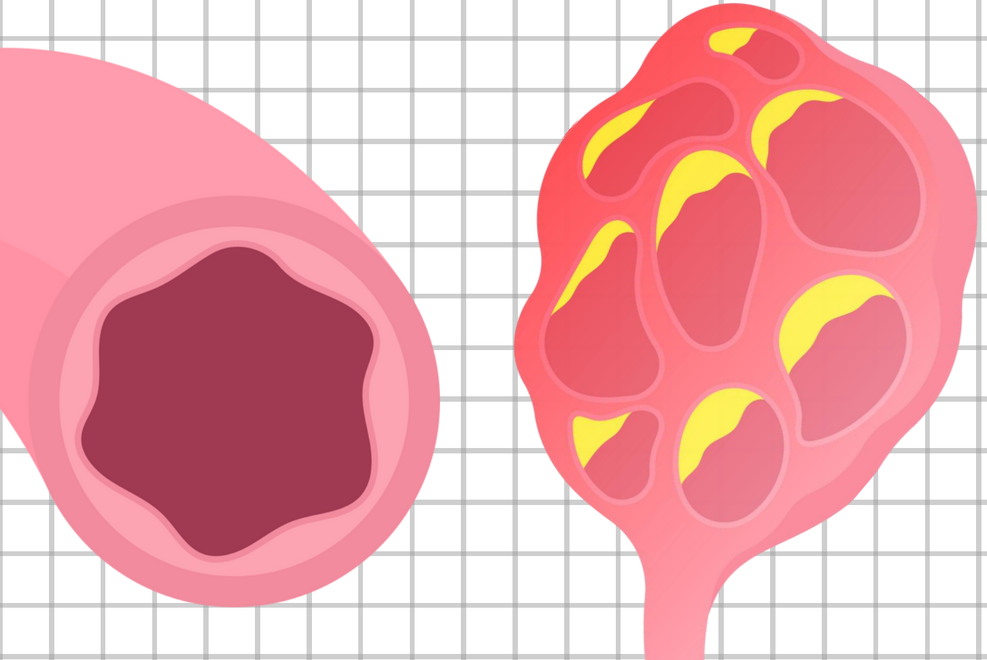
Additional Follow-Up Tasks

*Did Tyler have reliever medication or was the stock albuterol used?
*Review the health record for visits, discuss how their asthma is doing overall.
*ACT score
*If indicated communicate with the parent/provider regarding increase use of reliever meds
*Is the Asthma Action Plan working?

Is Tyler’s asthma controlled?
Does Tyler have an ICS?
Qualify for Smart Therapy?







THANK YOU FOR JOINING US TODAY!

The End

ITEMS OF INTEREST

Next SNAC-S session Feb 12 (2nd Wednesday) Managed Care Organizations

Several resources on the Asthma Webpage (link in chat)

Recordings are located on the SNAC-S Asthma Page (link in chat)

We like to hear from you? What are your questions/challenges? Help guide our next session topics.

“Preparing for the Holidays”flyer was shared via email

February SNAC-S
February 12th and 26