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Back to School, Getting Ready for a Safe and Healthy Year

SNAC-S
August 13, 2025

Hot Topics to Start the School Year

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Asthma Action Plans

Inhalation Technique

SMART Therapy

Pre-treat Albuterol

Emergency Management

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HOT TOPICS

Asthma Action Plans

- Review any AAPs on hand
- Identify students who need an AAP
- Communicate AAPs with appropriate staff (don't forget transportation)
- Asthma Action Plans Templates
  - https://www.nhlbi.nih.gov/resources/asthma-action-plan-2020
  - SMART Therapy Asthma Action Plan
  - Is the Asthma Action Plan Working?
- Webinar Date – November 13

HOT TOPICS

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Inhalation Technique

TECHNIQUE = IMPORTANT!

Review technique with any student who has an inhaler in the health office (good to include the parent when the parent brings in the inhaler)

Inhaler technique video

Video on demonstration of what happens with the medication with a spacer and without a spacer

Webinar Dates – Feb 26/Oct 9

HOT TOPICS

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SMART Therapy

- “Single Maintenance and Reliever Therapy”
- Utilizes a combination inhaler (Symbicort or Dulera) as the controller and reliever (ICS/LABA)
- Know the MAX doses allowed a day
- Can still use Albuterol if needed
- Asthma and Allergy Network - SMART Therapy AAP
- Webinar Date – January 15

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Pretreat Albuterol

Identify students needing pretreat medication

Set up date/time needed for treatment

Who needs to know

Conversation with the student regarding when to come for medication

Webinar Date – December 11

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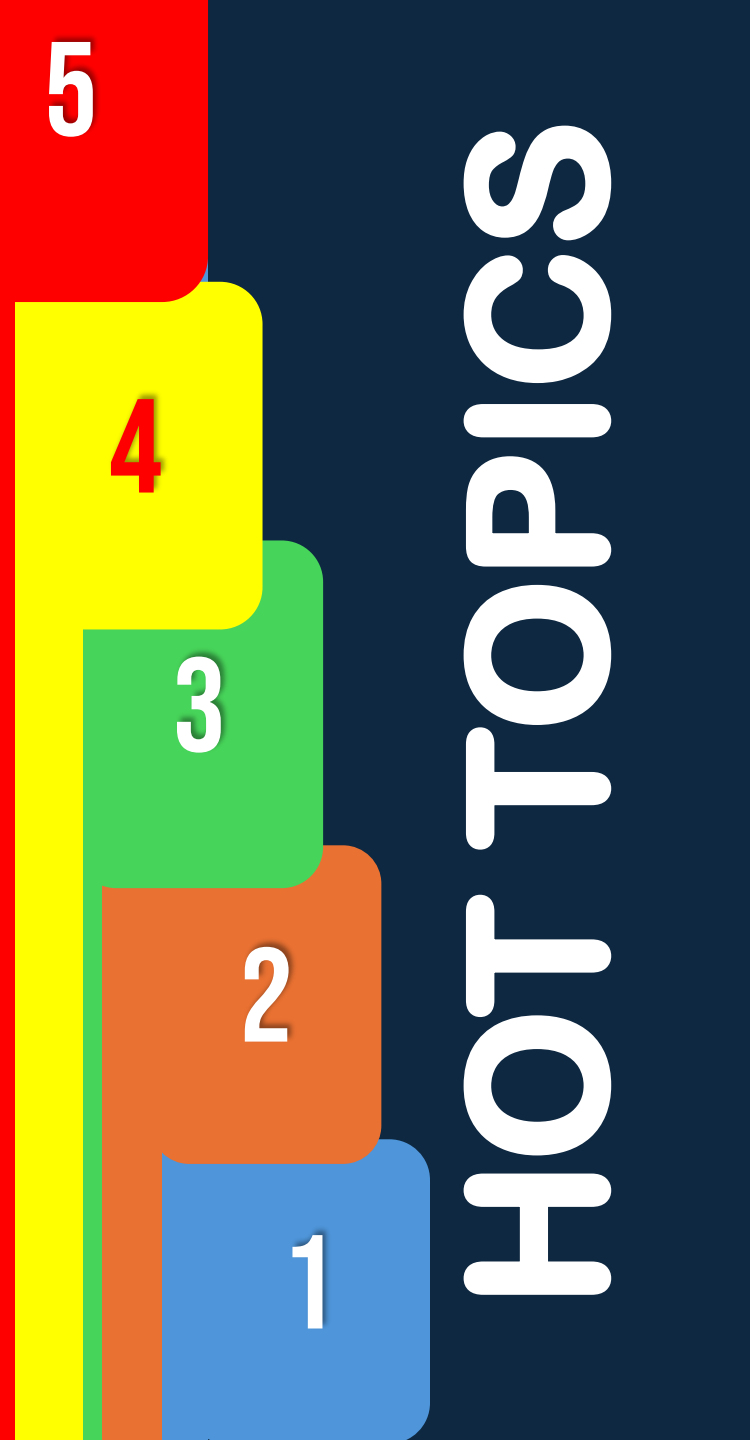
HOT TOPICS

Emergency Management

- Review signs and symptoms of distress
- Review emergency plans/communicate as appropriate
- Communicate emergency protocols – who is calling 911, watching for EMS, etc
- If you have a nebulizer on hand, is it ready to use?
- Do you have stock albuterol policy? Is your stock albuterol inhaler on hand?
- Communicate protocol for stock albuterol



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5 Top Points of SNAC-S Information

Webinars: 2nd and 4th Wednesdays; 2:00

October: 'Medicaid Bootcamp' (every Wed)

Be sure to register each for each webinar

Let us know topics of interest

Missouri School Asthma Manual